



# MAXIMIZING HUMAN PERFORMANCE

## Core Drivers To Increase Personal and Professional Effectiveness

The one constant in today's environment is – change. These changes often have a negative and limiting impact. Maybe your organization is in need of better attitudes, more accountability, culture alignment and improvement. Or perhaps you simply desire an increased performance towards organizational goals. *Maximizing Human Performance* (MHP) is designed to close the gap between where you are and where you want to be – both personally and organizationally.

Is there resistance to change in your organization? Unfortunately, many people either won't change or don't know how to change. The MHP process is designed to work from the inside out. The strategies and 'mindset' tools provided will create long-lasting



### What Does MHP Training Impact?



change throughout the organization. By aligning individual goals with organizational goals, participants will not only be motivated to improve, they will be empowered to take personal responsibility for their attitudes and performance.

Designed for all levels of the organization – *from frontline employees to leadership* – MHP provides the tools to increase effectiveness. Many organizations “*help employees become better employees, but GREAT organizations help employees become better people.*”

## LEARNING OBJECTIVES:

- ✔ Learn how to take more accountability in your personal and professional life.
- ✔ Discover how to embrace change and reduce stress by increasing your resiliency.
- ✔ Discover how attitudes are formed and how to improve your attitude.
- ✔ Receive the steps for creating a strong culture that naturally breeds high performance.
- ✔ Understand what drives motivation in yourself and others and how to become more engaged at work.
- ✔ Clarify your personal and organizational goals and create a plan to achieve them.
- ✔ You will be taken through a comprehensive exercise with the purpose of aligning your vision and values to create a high performing organization.
- ✔ Discover the qualities of a successful team and how you can strengthen it.



*"We brought Mr. Hoisington into our organization over a two year period to train all 300 of our employees on how to increase efficiency, develop better attitudes, and how to set and align goals with the organization's goals. TJ's training and style helped employees, from our drivers, to our maintenance group as well as our administrative staff, perform more effectively personally and professionally. Each participant provided feedback, with amazing, positive results. Many employees wanted to go through the training a second time – just because TJ was on site! They asked us time and again to have him develop a follow-up curriculum! His energy and knowledge, along with the way he made the content relative and meaningful helped keep participants engaged. . . ."*

**– Rhodetta Seward**  
Executive Services Director  
Intercity Transit



According to feedback from past clients, one of the most valuable aspects of *MHP* is the *customization* feature. Prior to bringing *Maximizing Human Performance* to your people, we will have already done a deep-dive into learning what your specific organizational challenges are, as well as your top priorities and objectives. From there, we *tailor* the training to specifically address those challenges and objectives by seamlessly weaving them into the *MHP* experience.